



# Ayurvedic Training in (Goa, India)

## Details of our training courses are as follows:

**The cost of the course per person**, excluding flights, is £465.00

- The cost includes seven nights accommodation based on two people sharing a twin bedded room with ceiling fan and private facilities. Single rooms may be available for a small surcharge.
- **Flights are not** included and should be booked and paid for direct by the training delegate. Published flight prices start from around £450.00 return from Gatwick, Birmingham or Manchester.
- **The courses** are offered on a **'Self Development and Improvement'** basis. On completion of the course you will be awarded a Diploma confirming that you have completed an Ayurvedic training course in India. Your diploma will be signed by a fully qualified Ayurvedic practitioner.
- **The courses will be held at the Ayurvedic Natural Health Centre** in Saligo, Goa, India.
- **Other dates for groups** of four or more people may be available on request.
- **The course will be for seven days** duration and will include plenty of free time to relax and experience the local culture.
- **Once you have reserved your place** on a course, paid your deposit of £25.00 per person AND received confirmation from us, you will have fourteen days to arrange your flights. If you are unable to arrange suitable flights within this time or wish to withdraw for any reason, you may cancel your booking and we will return your deposit.

- **We will be pleased** to help and advise on where to find the best value flights from the UK. We make no additional charge for this service.
- **The accommodation** is based at our training centre at Saligo, North Goa. Alternative accommodation may be available at an extra cost. Details will be made available on request.
- **Places on all our courses are limited.** Early booking is advised to avoid disappointment.
- **A member of our UK team** will be available in Goa during your stay there.

For more information check out our web site at [www.thegoanexperience.com](http://www.thegoanexperience.com)

For flight details, check with your local travel agent for 'flight only' prices or check on-line at: [www.charterflights.co.uk](http://www.charterflights.co.uk)

To reserve a place on a course, complete the enclosed Delegate Booking Form and return to us with your deposit payment. On-line booking is also available at: [www.thegoanexperience.com](http://www.thegoanexperience.com)

# Delegate Booking Form

Please complete and return with deposit of £50.00 per person to:

The Goan Experience  
16 The Jacobs Building  
Burton Court  
Bristol BS8 1EE  
Freephone 0800 135 7039

Course Title: Ayurveda Training in 'Paradise'

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ Post Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Please reserve me \_\_\_\_\_ place/s on the Ayurveda Training Course commencing w/c \_\_\_\_\_ or (second choice) \_\_\_\_\_ at £395.00 per person.

(For course details please see attached schedule.)

If your preferred course dates are not available we will contact you with alternatives. If the alternative dates offered are not suitable, your deposit will be returned in full.

A low cost deposit of £25.00 per person is required to secure your place/s on a course. This deposit is fully refundable if we are unable to offer you the dates you request. Once we have confirmed to you the final details of your chosen course you will have 14 days during which time you may cancel your course for any reason and receive a full refund. This period will also give you ample time to find and book your flights.

A further payment of £75.00 per person (Balance of normal deposit of £100.00) is required twelve weeks prior to your course with the final balance (£295.00) becoming due for payment six weeks before the course start date.

**Total deposit enclosed £** \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Or book on-line at: [www.thegoanexperience.com](http://www.thegoanexperience.com)

# Stop Press

## Copy of recent Press Release

### New (2000 year old) Massage Techniques

Being in a position to regularly offer your clients something 'NEW' can help keep you one vital step ahead of your competitors. Being able to offer them 'new' massage techniques that are thousands of years old could put you even further ahead! Ayurvedic Massage, still relatively 'new' in the western world is steeped in thousands of years of history and in India's rich cultural background.

The massage therapies available are many and varied and it is true to say that there is something for almost everybody. One of the major plus points about offering 2000 year old 'new' massage therapies is that they are already tried and tested (no need to reinvent the wheel here!).

The 'risk factor' often associated with offering new products and therapies (i.e. will it actually work?) simply does not exist – if it didn't work would it have lasted for thousands of years and still be growing in popularity?

As a result of the growth in popularity of Ayurvedic massage, training facilities are now becoming available in the UK (check the trade press). If however, you would like to become embroiled in the total spirit of Ayurveda, you can now train in India, the home of Ayurveda, and, at the same time enjoy a relaxing break in the tropical paradise of Goa (India).

John McClements